

Freeway Bike Hike

Your chance to ride through the tunnel - just for bikes.

You can raise funds for asthma research and make this WA's biggest mass participation cycling event.

On Sunday 20th March 2005 the east and south bound lanes of the Graham Farmer and Mitchell Freeways will be closed all the way to Joondalup.

Join in the fun with family, friends, work-mates or classmates, find yourself a sponsor and hit the freeways pedalling.

There will be two courses to cycle:

Take the Challenge - begins at 7.30am from Belmont Park Racecourse (30kms);

Casual Family Ride - begins at 9am from Greenwood Railway Station (10kms).

Entry details are as follows:

Online - entries close Sunday 13th March, credit card payment will be required. Cost adult \$25/child \$10/family \$60;

By post or fax - entries close Monday 21st February, entry form can be downloaded from web site. Cost adult \$27/child \$12/family \$66;

In person - entries close 5pm Saturday 19th March at the Freeway Bike Hike Shop open in Perth from 1st March. Cost adult \$32/child \$15/family \$75.

No entries will be accepted on the day.

For more information on team challenges, school challenges, registrations or to see the routes, go to www.freewaybikehike.com.au/index.php

Bike Week 2005

11th - 20th March

Some events at Bike Week 2005 include:

- Friday 11th March is the annual Bike to Work Breakfast, to be held this year at the Esplanade from 6am - 9am
- Wednesday 16th March is "Cycle to School Instead"

For more go to www.dpi.wa.gov.au/cycling/bikeweek/events.html

BTA AGM

BTA members are advised that the 2005 Annual General Meeting is to be held on

**Wednesday, March 23rd,
commencing at 6.30pm.**

The meeting will be held at

**City West Lotteries House,
2 Delhi St, West Perth.**

Similar to last year, there will be a BTA Social Night following the meeting.

The BTA exists for your benefit, so it is important that you attend the AGM and have your say.

Any business that members wish to bring before the AGM, should be submitted in writing and be received before 4th March 2005.

Please consider nominating for the BTA Board or helping with BTA campaigns and activities. While BTA has achieved a lot over the last few years, there is a lot more that we could do with more helpers.

For further information on nominating for the Board, please contact **BTA Executive Officer Phil Gyford, 9420 7210.**

Bunch Cycling

Source: *The Weekend Australian* January 8-9 2005

Welcome to one of the fastest growing recreational sports in the country, road cycling in bunches.

Melbourne is where the sport has grown most rapidly, but bunch riding has taken off around the country.

In Melbourne a group of about 100 riders take off at 6am sharp down the Nepean Highway on a 45km ride that will take them through the bayside suburbs to Mordialloc, then back along Beach Road to St Kilda.

In Sydney a group leaves from Darlinghurst's popular Bar Coluzzi for a 45km ride every Wednesday morning. Another group mirrors this practice on the North Shore.

Aside from the fitness aspect, the riders cite camaraderie as a key to their continued involvement. It's also competitive. Fear of being 'dropped' during a ride keeps most riders regular.

Gear is a critical part of the subculture. If you can't ride quickly, you at least have to look good, joked one participant.

The cyclists cite safety as a key reason for riding in a pack. But riding in a bunch has its own risks. If you stack, it is likely that those behind you will do so also.

But broken bones, broken arms, twisted wheels and grazed legs are all part and parcel of this increasingly popular sport.

Roe Highway Stage 7

**Principal Shared Path Detour
(February - August 2005)**

Kwinana Freeway: Berrigan Drive to Farrington Road.

Cyclists and pedestrians are advised that a detour will be in place on the Kwinana Freeway PSP between Berrigan Drive and Farrington Road between February and August 2005.

The detour, which will maintain access while a bridge is built over the Kwinana Freeway, will include a new access point north of the railway bridge and will follow Dowell Place, Parkway Road, Bibra Drive and Farrington Road, and then rejoin the existing Kwinana Freeway PSP. This will add 3.5km to the current route.

For further information please contact Roe 7 Alliance Community Relations Officer on **9312 0613**, email contactus.roe7@roe7.com.au or visit www.roe7.com.au